About

Pet Partners of Eastern Maine

We make it possible for volunteers to share their amazing pets with people in need to improve human health and well-being.



Who We Are

Pet Partners of Eastern Maine serves the Greater Bangor Region as well as Downeast Maine and parts of Northern Maine. In partnership with Northern Light Health, our goal is to positively improve physical, emotional, mental health, and well-being through the power of the human-animal bond.

Pet Partners of Eastern Maine makes it possible for volunteers to share their amazing pets with people in need to improve human health and well-being. As a local chapter of the national Pet Partners organization, we are committed to providing high-quality animal-assisted interventions across our region.

Our Mission

Our mission is to improve human health and well-being through the power of the human-animal bond. We support therapy animal teams in making meaningful visits to healthcare settings, schools, and community programs throughout Eastern Maine.

Our Services

We offer a wide range of programs tailored to the needs of our local communities, including:

- Literacy and Educational Programs promoting a love of reading and learning in children.
- **School Visits** supporting social-emotional learning and mental health in classrooms.
- **Crisis Response** providing emotional comfort following traumatic events.
- Bereavement Services supporting those grieving with calm, comforting visits.
- Workplace Wellness helping reduce stress and build morale for professionals.

Healthcare Visits – engaging with patients, families, and staff in hospitals and care centers.

- **Senior Support** bringing connection and companionship to older adults.
- Mental Health Support helping people of all ages manage stress, anxiety, and offering non-judgmental companionship during therapy.



Get Involved



There are many ways to be involved with Pet Partners! Whether you become a volunteer, welcome our therapy animal teams at your facility, or donate to provide financial support for our Therapy Animal Program, you can be part of sharing the love of therapy animals with people who can benefit.

Volunteering with Your Pet

You already know your pet makes a positive difference in your life. Now is the time for you to share that amazing animal with other people and create a lasting impact in your community by becoming a therapy animal team with Pet Partners! Learn how to become a Pet Partners therapy animal team with your pet: petpartners.org/volunteer.

Therapy animal work is rewarding through:

- Sharing the animal you love with others.
- Having an activity to do with your animal.
- Providing a sense of purpose.
- Giving back to your community.
- Helping people benefit from the positive effects of interacting with an animal.

Contact us to learn about our therapy dog-intraining program with Bear Brook Kennel and Northern Light Eastern Maine Medical Center!

Connecting with Us

Diverse facilities have opened their doors to **Pet Partners of Eastern Maine** therapy animal visits. Well-trained and screened handlers and their animals can benefit the health and well-being of people in healthcare facilities, schools & universities, workplaces, and many other settings.

Research shows that positive interactions with animals helps with blood pressure regulation, pain relief, stress relief, and joy. Visits from therapy animal teams can normalize stays away from home for hospital patients, improve motivation to participate in treatment protocols, and lessen worry, anxiety, unhappiness, and pain.



Pet Partners has the highest standards in the field for our registered therapy animal teams, and provides liability insurance coverage for our teams while they are visiting, reducing risk.

Support Pet Partners

There are many ways to engage with **Pet Partners of Eastern Maine:**

- Volunteer as a therapy animal team with your pet.
- Host a therapy animal visit at your facility or organization.
- Donate to support local programming and training.
- Join one of our community events or fundraisers.

To learn more or get involved, visit us at

Website: www.petpartners.org

Facebook: @PetPartnersEasternMaine



